

Triple Ball

Standard Volleyball rules (6 on 6) with the following additions:

Sequence

The game follows a sequence of three rallies (service, free ball 1, and free ball 2).

- 1st rally – introduced by the server
- 2nd rally – introduced by a free ball tossed to the receiving team
- 3rd rally – introduced by a free ball tossed to the serving team

The service alternates between teams after each three-ball sequence.

After each rally is complete, the ball must quickly be removed from the court so the next sequence can be started. Both teams must allow enough time for the ball to be removed from the court before starting the next sequence.

Scoring

Every ball introduced is worth one (1) point; a set can be won in the middle of a three-ball sequence.

Toss

A coach, assistant coach or a competent volunteer can toss the free ball to their team and can step into the court to do so. The tosser will immediately move off the court after the toss.

Free balls are tossed underhand, with two hands and little to no spin, above the height of the antennae to allow athletes time to play the ball.

The free ball will always be tossed directly to the athlete in position six (6), otherwise a replay will occur.

Athletes can only play tossed free balls from behind the attack line, otherwise a replay will occur.

The free ball will be tossed once the front row players are at the net (ready to transition) and all athletes have been verbally told that the ball is being introduced, "Free Ball!".

Athletes can take "free balls" introduced by the tosser with an overhead pass (volley). The ball can be sent over the net, however the intent of having a tosser is to make pass, volley, spike rallies easier to achieve.

Time Out

Requests for time-outs during the three-ball sequence will be considered improper requests; time-outs must be made before the introduction of a serve.

Rotation and Substitution

The coach must write his full service order on the score-sheet, including the athletes on the bench in the proper order in which they will enter the game.

After the three-ball sequence, players on the serving team will rotate clockwise. Player from position one (1) will move to the bench, the first player "in line" on the bench will move to position six (6).

Players are not allowed to switch positions during the rally. For example, a player who is in position four (4) will play left front for the entire rally.

The coach must identify on the score sheet where the designated setter will be positioned. Either in Position 2 (right front) or Position 3 (middle front).

The services order will be carried over from the end of a set to the start of the next set. The same order will be rolled over and played throughout the entire match.

Triple Ball Team Rosters

- A maximum of 15 athletes can be inserted on the score sheet and enter the match. The full service order is to be written on the score sheet, including the names of the athletes on the bench (in proper order in which they will enter the match). This will encourage participation of all players on each team in every match.
- Minimum of 8 players, maximum of 15 players
- If a team does not show up with 8 players, they will be permitted to play all assigned pool play matches, however their results will not count and they will place last in their pool. During playoffs, teams will be permitted to play the first round, however they will not advance, regardless of results.
- Team results will be counted if players show up mid-tournament; only the results that all 8 players were present for will be counted. All 8 players must be present at the start of the match for results to count.
- If a team attends the tournament with 8 players and loses one to injury, they will be permitted to continue with no consequences (all results will count).
- If a team with only 8 officially registered players cannot field all players for an event they must contact the OVA outlining their situation and obtain a letter of permission. This letter must be present at all matches. If a letter of permission is not obtained teams can participate in the event as outlined above

Video instructions for Triple Ball:

<http://www.youtube.com/watch?v=8RZAHDIgRUE>



Triple-Ball Diagram

